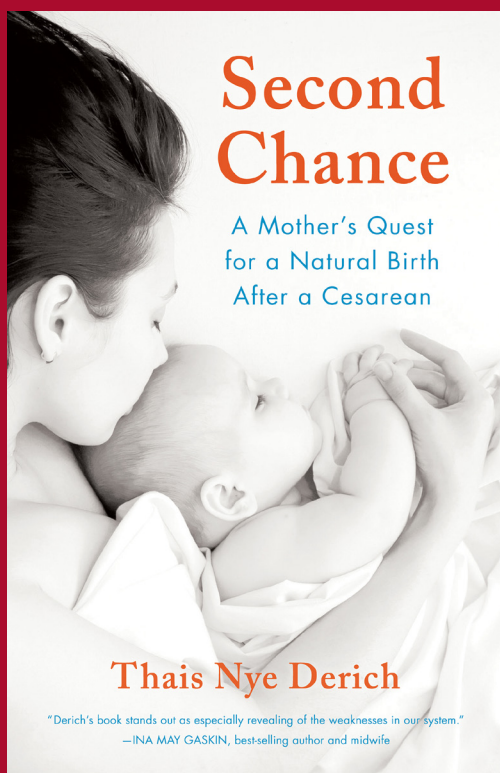


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“I’ve read a lot of book-length birth stories, but Derich’s stands out as especially revealing of the weaknesses in our system.”

—Ina May Gaskin, best-selling author and midwife

“An unbiased, highly transparent account of one woman’s journey through the labyrinth of emotions and experiences that can accompany the post-cesarean birthing woman within the US.”

—Laquitha Glass, former President of the International Cesarean Awareness Network

SECOND CHANCE

A MOTHER’S QUEST FOR A NATURAL BIRTH AFTER A CESAREAN

THAIS NYE DERICH

DESCRIPTION:

On the joyful day of her son’s birth, Thais Nye Derich never questioned going to the hospital. A week later, she walked out physically, spiritually, and emotionally injured, and fully disabused of the idea that the medical field would ever put her best interests before protocol, money, and legal concerns. The next three years of her life were spent recovering from that day, and preparing herself to do things her way when she became pregnant again. And then she did get pregnant again—and that resolve was put to the test.

A universal story about betrayal and trust and the roller coaster ride in between, *Second Chance* illuminates the many ways in which our healthcare system is broken when it comes to helping women give birth, and gives a voice to all the mothers who have walked away from their delivery experiences wondering what the hell just happened.

ABOUT THE AUTHOR:

Thais Nye Derich was born in Carmel, CA. She is a graduate of California Polytechnic University, San Luis Obispo, and lived for two years in Belgium and France studying French before returning to live in California. After starting her own software training business and traveling the US teaching software at Fortune-500 companies, she and her husband decided to start a family, and she left the business to stay home full time. While at home, she started a successful food blog, sold her healthy granola bars at Rainbow Grocery, and wrote *Second Chance*. Derich has been published by Salon, BlogHer, BabyCenter, Literary Mama, *Wild Violet Literary Magazine*, Forge Journal, SFGate, and the *San Francisco Examiner*. A chapter of *Second Chance* was a finalist out of 500 entries for Creative Nonfiction magazine’s baby anthology. She now lives in beautiful Marin County, where she is writing her second book and working at a lovely women’s coworking space called The Hivery.